

Main Street Project is a non-profit charitable community health agency operating on housing first and harm reduction principles.

Since 1972, Main Street Project has served the needs of Winnipeg's most vulnerable citizens. We support those who are experiencing homelessness, addiction and mental and physical health issues by providing emergency shelter, nutrition services, drug and alcohol detoxification, health advocacy and support, and counselling and housing support services.

Main Street Project provides a place of respite, shelter and safety, with dignity and without judgment, to the most vulnerable people in our community.

**Our vision is that everyone has a safe place to be and an opportunity to make real choices in their journey.**

## MAIN STREET PROJECT PROGRAMS & SERVICES

Case Management Services

Emergency Shelter/Drop in

Men's and Women's Detoxification & Stabilization

Transitional & Supportive Housing

Food Bank & Essentials Market

Van Patrol Outreach Program

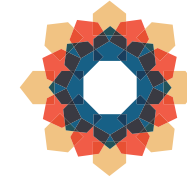
Main Street Project is a registered Canadian Charity  
Charitable Registration # 107655094 RR0001

MSP staff are available to provide tours of the agency, or we can come to you to do a presentation. If you'd like to learn more about Main Street Project, please contact:

admin@mainstreetproject.ca  
or call 204-982-8229

**MAIN STREET PROJECT**  
661 Main Street, 2nd floor  
Winnipeg, MB R3B 1E3  
204-982-8229

admin@mainstreetproject.ca  
mainstreetproject.ca



**main street  
project**



*You  
can  
help*

# THERE ARE MANY WAYS YOU CAN HELP *Main Street Project*

## MAKE A FINANCIAL DONATION

Financial donations are essential to ensuring Main Street Project can continue the life-saving work it does in the community. There are so many different ways you can donate to Main Street Project that contribute meaningfully to the agency. Here are a few ideas:

- Make a one-time tax deductible donation
- Sign up to be a monthly donor
- Donate in honour of someone you love
- Donate in honour of a special event, such as a birthday, wedding or anniversary
- Donate to pay for a meal in our Emergency Shelter
- Host a third party fundraising event (all third party events must be approved by MSP a minimum of two weeks prior to your event)
- Donate to MSP's Endowment Fund at The Winnipeg Foundation (contact MSP for more information)
- Donate securities (contact MSP for more information)

## VOLUNTEER

Volunteers are an essential part of Main Street Project's operations and we are grateful for all of our volunteers. Here are some great examples of how you can get involved by volunteering with Main Street Project:

- Sign up to be a weekly volunteer in MSP's program areas
- Volunteer for special events
- Volunteer with your family during our monthly Family Night Volunteer events
- Volunteer with a group of coworkers or friends
- Volunteer to host a game in shelter or other area (everyone loves Bingo!)

*Please note: Volunteers are required to provide an up-to-date criminal record and vulnerable sector check, and are responsible for the cost of these checks.*

## OTHER WAYS TO HELP

Even if you can't make a financial donation or volunteer your time, there are other ways you can help:

- Host a clothing drive
- Host a hygiene product drive
- Hold a non-perishable food items food drive to help with the Food Bank & Essentials Market
- Purchase an item from our Amazon wish list—your donation will be mailed right to our door!
- Participate in our annual donation drive events, such as Socktober and our annual holiday gift drive!
- Host a community BBQ or meal for our community members

## MOST NEEDED DONATED ITEMS

- Bottled water
- Coffee, sugar, whitener, tea
- New underwear (men's and women's, all sizes)
- New or gently used socks
- New or gently used adult clothing
- Hygiene products—please note that we cannot accept items that contain alcohol, including mouthwash or hand sanitizer
- Feminine products