

FALL/WINTER 2022/23 RESOURCE — WHERE TO GO & WHO TO CALL

Mobile Outreach

ADULT

Downtown Community Safety Partnership

204-947-3277 24/7
Downtown

Main Street Project

204-232-5217 24/7
Citywide

Ma Mawi Wi Chi Itata

204-330-3300
10p-8a W-F, 6p-4a Sa
North End/Downtown

Salvation Army

204-223-7387
9a-3p M-Th; 4-8p Su
Citywide

St. Boniface StreetLinks

204-228-2369
7:30a-12a M/W/F; 7:30a-3:30p
Tu/Th; 12-8p Sa-Su
East of the Red

Street Connections

204-981-0742
6-11:30p M-F; 4-10:30p Sa
Citywide

WOMEN

Mount Carmel Clinic Sage House

204-272-0838 12-7p M-F
North End/Downtown

North End Women's Centre

431-374-8726
1-4p M/Th/F; 9a-12p Tu
North End/Downtown

West Central Women's Resource Centre

204-774-8975
5-9p M/W/F; 2-6p Tu/Th;
11a-3p Sa/Su
West End/Downtown

YOUTH

Ndinawe

204-781-2691
hours vary
North & West End/Downtown

Resource Assistance for Youth (RaY)

204-391-2209
12-4p M-F
Citywide

WE24

204-333-9681
11p-2a
Safe rides

Overnight Shelters & Safe Spaces

ADULT

Main Street Project

204-982-8267 24/7
637 Main
18+ low-barrier day drop-in and overnight shelter; showers, food, clothing

Salvation Army Centre of Hope

180 Henry 24/7
18+ overnight shelter; food, clothing

Salvation Army SonRise Family Shelter

204-946-9471 24/7
Overnight shelter for families

Siloam Mission

300 Princess 8p-7a
18+ overnight shelter; showers, clothing, laundry

YOUTH

The Link YRC

159 Mayfair 24/7
12-20 years old overnight shelter; showers, food, clothing, laundry, counselling, first aid

Ndinawe Tina's Safe Haven

472 Selkirk 24/7
13-24 years old safe space and resource centre

Rossbrook House

658 Ross
10a-12a M-Th; 24hrs Sa-Su + holidays
6-24 years old safe space and drop-in; food, safe rides

WE24

430 Langside 11p-7a
13-26 years old safe space and drop-in; overnight stays, food, clothing, safe rides

24/7 Portable Toilets

222 Furby at Crossways in Common
185 Young at Broadway Neighbourhood Centre
75 Martha at Henry near Main Street Project
473 Selkirk at Powers/Selkirk Park

Day Drop-Ins with Food & Washrooms

1JustCity West End Drop-in

365 McGee
12:30-3p M/Tu/Th/F

Freedom House

294 Ellen 7a-8p M-F

Lighthouse Mission

669 Main
9a-3:30p M-Th; 1-7:30p F

Mount Carmel Clinic Sage House

422 Dufferin 12-7p M-F

North End Women's Centre

394 Selkirk
8:30a-4:30p M/Tu/Th;
12-4:30p W; 8:30a-4p F

Oak Table

109 Pulford 12:30-3p M-Th

One88

188 Princess 10a-4p M-F

Siloam Mission

303 Stanley
10a-2p, 4-8p
*10a-8p in extreme weather

Sunshine House

646 Logan
1-4:30p, 6-9p M/W;
12-5p Tu/Sa; 11a-3p Su
*6-9p M/W is 2SLGBTQ+ focused

Union Gospel Mission

320 Princess
11:30a, 2-4p, 7p M-F; 2p Sa

Velma's House

154 Sherbrook 9a-12a M-F;
hours vary Sa-Su

West Central Women's Resource Centre

640 Ellice
9a-4:30p M/W/F;
12:30-6p T/Th; 9a-12p Sa

Bagged Meals

Agape Table

364 Furby
7-11a M-F

Andrews Street Family Centre

220 Andrews
12p M-F

Freedom House

294 Ellen
3p Su

Holy Trinity

256 Smith
11a-1p Tu/Th

Ka Ni Kanichihk

455 McDermot
12p W/F

Missionaries of Charity

167 Aikins
9:30-10:45a M/W/F/Sa

North End Women's Centre

394 Selkirk
11:45a M

NorWest Co-op Community Food Centre

103-61 Tyndall
12-1:30p M/W/F;
5:30-6:30p Th

RaY

125 Sherbrook
1-3p M-F

Thrive

555 Spence
11a-2p M/W

West Broadway Community Services

222 Furby
4:30-6p M-Th

West Central Women's Resource Centre

640 Ellice
12p M/W/F; 5p Tu/Th; 10a Sa

In an emergency,
call 911.



Emergency Response Overnight Shelters and 24/7 Safe Spaces

